

# The Chasewater 10k Christmas Pudding Dash

Plus 5k Pudding Dash and Children's Santa Dash  
Saturday 25<sup>th</sup> November 2017 at 10.30am

Held under UKA Rules. Licence applied for.

A multi-terrain 10k race around the pretty Chasewater Reservoir and Country Park. The undulating two lap route will take in the paths and trails surrounding the Reservoir, an area of scientific interest due to its mass of rare bird nesting sites. The race is an early opportunity for you to get into the Christmas spirit. There are Christmas Puds and other Festive goodies on offer plus a special festive medal waiting for you at the finish.

**\*\*Medal and Christmas Pud to all finishers \*\*\***

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 45 minutes after first runner home

**Venue: Chasewater Country Park, Pool Lane, Burntwood, Staffordshire, WS8 7NL**

**Race HQ is located at the Innovation Centre, just off the A5**

**Toilets and baggage storage facilities available**

ENTRY FEE: 10k £15.00 affiliated £17.00 unaffiliated £20.00 on the day  
5k £10.00 affiliated £12.00 unaffiliated £15.00 on the day  
Children's Dash £5.00

ENTRY LIMIT: 600. Postal closing date is 21st November but entries accepted on day subject to availability

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**Enquiries/more information: 01797 229955 ENTER ONLINE AT [www.nice-work.org.uk](http://www.nice-work.org.uk)**

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Please enter me for the Chasewater 10k [ ] 5k [ ] Children's Dash [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 26/11/2016 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 15 years of age for the 10k and 11 years of age for the 5k on 25/11/17 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]

