



The Out of the Blue Battle 10k & 5k Plus 1 mile Children's Dash Thursday 16th May 2019 at 7.00 pm

Plus Children's race at 6.45 pm
Held under UKA Rules. Licence applied for.

The Out of the Blue Battle 10k & 5k take place in a unique setting and is a rare opportunity to run through the grounds of Ashburnham Place. The event aims to raise funds for Out of the Blue who work to raise money for various charities in memory of Will Beckett who sadly took his own life in 2013. Ashburnham Place is a setting of great natural beauty with over 220 acres rich in wildlife. Part of the grounds have been designated a Site of Special Scientific Interest because of valuable flora and fauna. Participants have an option to complete one lap of the course (5k) or two laps (10k).

****Medal and finish line goodies on offer to all finishers****

Prizes/trophies for leading runners and teams

Prize giving and presentations approx 45 minutes after first runner home

Venue: Ashburnham Place, Battle, East Sussex, TN33 9NF, 5 miles west of Battle on the A271

Toilets and baggage drop.

ENTRY FEE:	10k	£15.00 Attached	£17.00 Unattached	£20.00 On the day
	5k	£11.00 Attached	£13.00 Unattached	£15.00 On the day
	Children's Dash	£3.00		

ENTRY LIMIT: 500. Closing date is 12th May but entries accepted on day subject to availability

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Out of the Blue'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Enquiries/more information: 01797 229955

ENTER ONLINE AT www.nice-work.org.uk

Please enter me for the Out of the Blue 10k [] 5k [] Children's Race []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 16/05/2019 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 15 years of age for the 10k and 11 years of age for the 5k on race day and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []