



Chip Timing & Entry Management Provided by



# The Great Yarmouth Half Marathon

**2017 Norfolk County Half Marathon Championships**

**Sunday 13<sup>th</sup> August 2017 10.00 am**

**Organised by Great Yarmouth Road Runners  
to help raise funds for East Anglian Air Ambulance**

**Held under UK Athletics Rules. UKA Licence applied for. Accurately Measured Course.**

This undulating half marathon covers the lanes to the south of Great Yarmouth and through the stunning grounds within Somerleyton Hall. The race begins and finishes in Gorleston, just outside Great Yarmouth. Plenty of onsite parking, showers and refreshments are available.

**\*\*\* Memento to all finishers \*\*\* Chip timing \*\*\***

**Plus trophies for:**

- 1st Male; 1st in Male under 40, M40-44, M45-49, M50-54, M55-59, M60-64, M65-69, M70+
- 1st Female; 1st in Female under 40, W40-44, W45-49, W50-54, W55-59, W60-64, W65-69, W70+
- 1<sup>st</sup> Male Team (of 4), 1<sup>st</sup> Female Team (of 3)

**Race HQ: Ormiston Venture Academy, Oriel Avenue, Gorleston,  
Great Yarmouth, Norfolk, NR31 7JJ**

ENTRY FEE: £20.00 AFFILIATED £22.00 UNAFFILIATED £2.00 EXTRA ON THE DAY  
 ENTRY LIMIT: 450. Postal closing date is 7<sup>th</sup> August but entries accepted on the day subject to availability  
 CHEQUES: Payable to 'Great Yarmouth Road Runners'  
 ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**MORE INFO & ONLINE ENTRY LINKS: [www.nice-work.org.uk](http://www.nice-work.org.uk)**

This event incorporates the 2017 Norfolk County Half Marathon Championship race

All competitors with a valid Norfolk qualification will be eligible for individual Norfolk medals

If you have a Norfolk postal address, the organisers of this race will assume that you have a valid Norfolk qualification unless you tick the lower box. A Norfolk qualification is acquired by birth in Norfolk; or by nine months continuous bona fide residence in Norfolk immediately prior to the event; or by service in a Unit of HM Forces stationed in Norfolk for nine months immediately prior to the event. Please see UKA rule 9 (2) for full details. Only clubs affiliated to Athletics Norfolk are eligible for Norfolk team medals.

If you are not resident in Norfolk but eligible for this Championship, please tick this box

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SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 13/08/2017 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

County \_\_\_\_\_ Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

RUNNING CLUB \_\_\_\_\_ UK Athletics Registration Number \_\_\_\_\_

I declare I will be over 17 years of age on 13/08/17 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshal's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ].