



The 2nd Bedgebury Forest

Half Marathon & 10k

Sunday 18th November 2018 9.00 am

Held under UK Athletic Rules. UK Licence applied for.

After a sell out event in 2017 join us for the return of this half marathon & 10k using the undulating forest paths and trails in and around Bedgebury National Forest. The event is open to runners of all abilities, from novices to experienced athletes and there will be bespoke medals and goodies on offer to all finishers. Your entry fee includes vehicle admission charges and access to the site.

**** Bespoke medal to all finishers ** Chip Timing ****

Prizes/trophies in both races for: 1st, 2nd, 3rd Males, Vet Categories 40 - 75, First Male Team (of 3)
1st, 2nd, 3rd Ladies, Vet Categories 35 - 70, First Lady Team (of 3)

Prize giving and presentation approx 60 minutes after first runner home in each race

**Race HQ: Bedgebury National Pinetum & Forest,
Bedgebury Road, Goudhurst, Kent, TN17 2SJ**

ENTRY FEE: Half Marathon	£25.00 affiliated	£27.00 unaffiliated	£30 on the day
10k	£18.00 affiliated	£20.00 unaffiliated	£22 on the day

Entry fees include parking charges

ENTRY LIMIT: 600. Postal closing date is 14th November but entries on the day subject to availability
PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Enquiries/more information: 01797 229955

ENTER ONLINE PLEASE VISIT www.nice-work.org.uk

Please enter me for the Bedgebury Half Marathon [] 10k []

I would like to purchase a souvenir long sleeve technical t-shirt for £10 in size XS S M L XL

Please complete the below form in **BLOCK CAPITALS**.

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 18/11/2018 _____

Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 17 years of age for the half marathon and 15 years of age for the 10k on 18/11/18 and I agree that the organizers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []