

Sittingbourne Striders

Chas Ryman Memorial
TEN MILE ROAD RACE & 2K FUN RUN

Sunday 1st October 2017 10.15am

**From: Highsted School, Highsted Road, Sittingbourne, Kent ME10 4PT
Fun Run Starts at 9.30am on the School field – separate entry on the day**

Medal and Technical T-shirt to all finishers

ENTRY FEE: £15.00 affiliated (UKA Competition licence number required) and **£17.00** unaffiliated
For online entry follow link on website www.sittingbournestriders.co.uk or visit www.nice-work.org.uk for a choice of online entry
Cheques made payable to Sittingbourne Striders.

ENTRIES: Closing date for postal entries is 27th Sept but entries remain open online until midnight the night before the race and, subject to the entry limit not being reached, on the day.

ENTRY FEE ON THE DAY: £20.00.

Race Numbers and Timing Chips will be posted out around 2 weeks before race day
Results will be published on our website www.sittingbournestriders.co.uk as soon as possible after the race.
Run under UKA rules. Minimum age 17 on day of race. Maximum entry 450.
(A signed entry form will be considered as acceptance of UKA rules and declaration that you will run entirely at your own risk)

Please enter me for the SITTINGBOURNE TEN MILE ROAD RACE

I am medically fit and enter at my own risk, and understand the organisers can in no way be held responsible for any injury, illness or loss incurred to my person or belongings during or as a result of the event.
BASIC LEVEL 1 MEDICAL COVER WILL BE PROVIDED.

Forename.....Date of BirthAge on 1/10/17.....

Surname.....Sex M / F

Address.....

.....Post Code.....Tel Number.....

EmailMobile Number.....

First Claim Affiliated Club.....

EA Registration Number.....

Signature.....Date.....

Please send entries to: Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA.

Enquiries/more information: 07879 815 441



Race Licence – Applied For

