



# The 3<sup>rd</sup> Bedgebury Forest Half Marathon & 10k

Sunday 17<sup>th</sup> November 2019 9.00 am

Held under UK Athletic Rules. UK Licence applied for.

After another sell out event in 2018 join us for the return of this half marathon & 10k using the undulating forest paths and trails in and around Bedgebury National Forest. The event is open to runners of all abilities, from novices to experienced athletes and there will be bespoke medals and goodies on offer to all finishers. Your entry fee includes vehicle admission charges and access to the site.

**\*\* Bespoke medal to all finishers \*\* Chip Timing \*\***

**Prizes/trophies in both races for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, Vet Categories 40 - 75, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, Vet Categories 35 - 70, First Lady Team (of 3)

Prize giving and presentation approx 60 minutes after first runner home in each race

**Race HQ: Bedgebury National Pinetum & Forest,  
Bedgebury Road, Goudhurst, Kent, TN17 2SJ**

ENTRY FEE: Half Marathon	£25.00 affiliated	£27.00 unaffiliated	£30 on the day
10k	£18.00 affiliated	£20.00 unaffiliated	£22 on the day

**Entry fees include parking charges**

ENTRY LIMIT: 600. Postal closing date is 14<sup>th</sup> November but entries on the day subject to availability  
PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**Enquiries/more information: 01797 229955**

ENTER ONLINE PLEASE VISIT [www.nice-work.org.uk](http://www.nice-work.org.uk)

Please enter me for the Bedgebury Half Marathon [ ] 10k [ ]

I would like to purchase a souvenir long sleeve technical t-shirt for £10 in size XS S M L XL

Please complete the below form in BLOCK CAPITALS.

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 17/11/2019 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_

**ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)**

I declare I will be over 17 years of age for the half marathon and 15 years of age for the 10k on 17/11/19 and I agree that the organizers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]