

The 3rd Carsington Water Half Marathon & 10k Ashbourne, Derbyshire

Saturday and Sunday 23rd and 24th February 2019 at 09.30am

Held under UKA Rules. UKA Licence applied for.

This half marathon & 10k race takes place around the undulating, traffic-free trails surrounding Carsington Water Reservoir and returns in 2019 with two dates. The route offers stunning views of the Lake and surrounding Peak District countryside and both races are ideal as part of a Spring marathon training schedule.

Brought to you by the same team that manages the Tissington Trail and Monsal Trail Half Marathons, your entry fee will include coach transport to the start from the Visitors Centre – which will be open for the event allowing plenty of toilet and refreshment facilities for runners and spectators alike. Carsington Water is also an ideal family location and perfect for a weekend day out.

Race HQ: Carsington Water, Ashbourne, Derbyshire, DE6 1ST

**** Special commemorative medal to all finishers - plus well stocked aid stations along the route and at the finish ****

**** Entry fee includes bus transport to the start from the race HQ ****

Prizes/trophies for: 1st, 2nd, 3rd Males, First in Vet Categories 1-7, First Male Team (of 3)

1st, 2nd, 3rd Ladies, First in Vet Categories 1-7, First Lady Team (of 3)

ENTRY FEE: Half Marathon £20.00 attached £22.00 unattached £25.00 on the day, if race is not full.

10k £16.00 attached £18.00 unattached £20.00 on the day, if race is not full.

ENTRY LIMIT: 300 per distance. Postal closing date is 19th February

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Further information or enquiries: 01797 229955

MORE RACE INFORMATION AND LINKS TO ONLINE ENTRY AT WWW.NICE-WORK.ORG.UK

Please enter me for the Carsington Water Half Marathon [] 10k []

Please enter me for the Saturday Event [] Sunday Event [] Both []

Please reserve me a finishers technical shirt (state size XL, L, M, S) £8 []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 23/02/2019 _____

Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No.

I declare I will be over 15 years of age for the 10k and over 17 years of age for the half marathon on 23/02/19 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshal's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []

