



Construction and Landscaping ltd



The Yew Tree Staplehurst 10K

Sunday 9th June 2019 at 10.00am

Supporting Staplehurst Community Events Group
Held under UK Athletic Rules. UKA Licence applied for

Fast and flat 10K along the lanes surrounding the village.

Great pb potential!!

****Medal and finish line goodies to all finishers** Plus – chip timing!**

Prizes for: 1st, 2nd, 3rd Males, 1st Male Vet Categories 1-7, First Male Team (of 3)
1st, 2nd, 3rd Ladies, 1st Female Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

Race Venue: Surrenden Road Playing Field, Staplehurst, TN12 0LY

ENTRY FEE: 10K £16.00 attached £18.00 unattached £20.00 on the day

ENTRY LIMIT: 600. Postal closing date is 6th June but entries accepted on day subject to availability

Please enclose a large SAE. Cheques payable to 'Staplehurst Community Events Group'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Further information or enquiries tel. 01797 229955

ENTER ONLINE www.nice-work.org.uk

Please enter me for The Staplehurst 10K []

Please complete the below entry form in **BLOCK Capitals**

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 09/06/2019 _____

Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____

EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 15 years of age on race day and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []

