



The Oundle 20 Mile Road Race

Sunday 17th March 2019 9.30am

Supporting Oundle Primary School

Held under UK Athletics Rules. UKA Licence applied for

Join us in the historic market town of Oundle, for the return of the Oundle 20 Mile Road Race in 2019. The race is ideal for those training for London, Brighton or other Spring marathons. The scenic course is gently undulating on wide, quiet country lanes in and around the pretty Northamptonshire villages of Fotheringay, Nassington, Yarwell and King's Cliffe, – so most definitely pb potential!

***** High quality medal and long sleeve technical shirt to all finishers *****

***** Chip timing *****

****Generous prizes for race and age group winners****

Prizes or trophies for:

1st, 2nd, 3rd Males; 1st in Male Vet Categories 1-7; 1st Under 18; 1st Male Team (of 3)
1st, 2nd, 3rd Ladies, 1st in Female Vet Categories 1-7; 1st Under 18; 1st Female Team (of 3)

Venue: Oundle Primary School, Cotterstock Lane, Oundle, Northamptonshire, PE8 5HA

ENTRY FEES (for either race) £28.00 Affiliated £30.00 Unaffiliated £32.00 on the day
£3.00 Children's Race

ENTRY LIMIT: 350. Postal closing date is 12th March but entries accepted after this date, online and on the day subject to availability

PLEASE ENCLOSE: SAE.

CHEQUES: Payable to 'Nice Work'

ENTRIES: Martin Burke, Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Online entry details available on www.nice-work.org.uk

Enquiries/more information: 01797 229955

Please complete the below form in BLOCK CAPITALS

Please enter me for the Oundle 20[]

Children's Race []

Please reserve me a souvenir long sleeve technical shirt in the following size S M L XL

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 17/03/2019 _____ Sex: Male/Female (delete as applicable) Estimated Time _____

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 18 years of age on 17/03/19, if entering the 20 Mile Race and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [] .