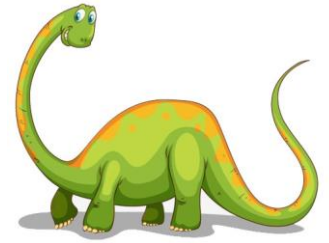


# Deal Tri Presents: The 38<sup>th</sup> Deal Regatta Association Carnival



**10km Road Race and  
Junior 1500m Fun Run  
Sunday 21<sup>st</sup> July 2019**



**IN MEMORY OF ROGER FRANCIS-DARBY  
AND IN AID OF SKIN CANCER RESEARCH**

**Adult & Junior Races both Chip Timed by Nice Work  
10km- 10am Start, Fun Run- 9.15am Start  
Start and registration at Walmer Sea Scout Hut, CT14 7DN**

**Accurately measured scenic undulating course. Medals to all finishers.  
Cash Prizes & Trophies to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Male & Female finishers, plus prizes for Age  
groups, Oldest finisher, First married couple, Club team prizes  
Trophy & £75 Voucher for School with the most Junior entries.**

**Under UK athletic rules, standard medical cover, drinks stations & refreshments  
Competitors baggage storage area. UKA licence applied for. Couse number 18/058.**

Please refer to [www.dealtri.co.uk](http://www.dealtri.co.uk) for Full Terms & Conditions. Race entries are not refundable or transferable

Detach here-----

**ENTRY FORM or enter on-line at [www.nice-work.org.uk](http://www.nice-work.org.uk) (subject to a booking fee)**

Surname \_\_\_\_\_ Male / Female \_\_\_\_\_ Age (on race day) \_\_\_\_\_

First Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

\_\_\_\_\_ E-mail \_\_\_\_\_

Post Code \_\_\_\_\_ EA Reg No (for affiliated members) \_\_\_\_\_ Club \_\_\_\_\_

School Name (For School trophy) \_\_\_\_\_ Married Couple Prize - Y / N

Fee's: £14.00- EA Affiliated Club members. £16.00- Unaffiliated. **Adult Entries on day £18.00**  
Juniors: £3.00. **Junior entries on the day £5.00**

I declare that I am an Amateur as defined by UKA rules, I am 15 or over (14 and under for Junior race) on race day and that I am medically fit to compete and enter at my own risk. The organisers shall not be liable for any injury to my person, nor for the loss or damage to my property as a result of my participation in the race.  
Parent/Guardian signature required for under 16's.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Send form & cheque payable to DEAL TRI LTD to: Dinosaur 10K – c/o Teviot, Malthouse Lane, Peasmarsh, East Sussex, TN31 6TA. STRICT Closing date for postal entries: 15/07/2019. Please enter as soon as possible to help with administration. [www.dealtri.co.uk](http://www.dealtri.co.uk) Deal Tri registered as Deal Tri Limited.**