



# The 13th Christmas Pudding 5 Mile Dash

## Plus 2 mile fun run/walk and Children's Turkey Drumsticks Scurry Saturday 22<sup>nd</sup> December 2018 at 10.30am

Held under UKA Rules. Licence applied for.

Now in its 13<sup>th</sup> year this multi-terrain festive event returns in 2018 to Pett, near Hastings. With plenty of mud and hills to help you earn your Christmas Puds and other Festive goodies, plus a medal and a glass of warming Mulled Wine. There is no better way to kick off your Christmas Festivities.

**\*\*Medal and Christmas Pud - plus Mulled Wine at the finish!\*\*  
Special Commemorative medal to all finishers**

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, Male Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, Lady Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

**Venue: Pett Village Hall, Pett Road, Pett, Hastings, East Sussex, TN35 4HD**

**Toilets and refreshment facilities**

**ENTRY FEE:** 5 Mile £14.00 attached £16.00 unattached £2.00 extra on the day  
Fun run £7.00 £1.00 extra on the day  
Children's Dash £5.00

**ENTRY LIMIT:** 600. Closing date is 18<sup>th</sup> December but entries accepted on day subject to availability

**PLEASE ENCLOSE:** SAE. **CHEQUES:** Payable to 'Nice Work'

**ENTRIES:** Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**Enquiries/more information: 01797 229955**

**ENTER ONLINE AT [www.nice-work.org.uk](http://www.nice-work.org.uk)**

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**Please enter me for the Christmas Pudding 5 Mile Dash [ ] Children's Scurry [ ] 2 Mile Fun Run [ ]**  
**Please complete the below form in BLOCK CAPITALS**

**SURNAME** \_\_\_\_\_ **FORENAME** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_\_

**AGE ON 22/12/2018** \_\_\_\_\_ **Sex: Male/Female (delete as applicable)**

**ADDRESS** \_\_\_\_\_

\_\_\_\_\_ **Post Code** \_\_\_\_\_

**TELEPHONE NO** \_\_\_\_\_ **EMAIL ADDRESS** \_\_\_\_\_

**RUNNING CLUB** \_\_\_\_\_

**ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)**

I declare I will be over 15 years of age on 22/12/18 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

**SIGNATURE**.....**DATE**.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]