



The 10th Romney Marsh 10K

New Romney, Kent

Plus Wheelchair 10K Race and Children's Race

Sunday 28th July 2019 at 10.00am

Organised on behalf of Romney Marsh Rotary Club

Held under UK Athletic Rules. UKA Licence applied for

A popular, fast and flat race using the lanes around the pretty Kent town of New Romney.

Quick times are possible on this accurately measured, flat road course.

**** Medal to all finishers ** Refreshments ** Chip Timing ****

£50 cash prize for 1st man and lady plus £50 bonus for winning in a new course record.

Prizes and trophies for leading runners

Prize giving and presentations approximately 45 minutes after first runner home

Venue: St Martin's Field, Fairfield Road, New Romney, Kent TN28 8DR

Toilets, supervised baggage area and refreshments available

ENTRY FEE: 10K: £15.00 Affiliated £17.00 Unaffiliated £2.00 Extra on the day

Children's Race: £3.00

ENTRY LIMIT: 350. Closing date is 23rd July but entries accepted on day subject to availability.

PLEASE ENCLOSE: Large SAE. CHEQUES: Payable to 'Romney Marsh Rotary Club'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

MORE INFO & ONLINE ENTRY LINKS: www.nice-work.org.uk

FURTHER INFORMATION AVAILABLE ON 01797 229955

Please enter me for the Romney Marsh 10K [] Wheelchair 10K [] Children's Race []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 28/07/2019 _____

Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 15 years of age on 28/07/19 I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

Gift Aid: I am a UK tax payer and would like my entry fee to be Gift Aided (increases the value of your fee by 25% at no extra cost to you). You must pay an amount of income tax and/or Capital Gains tax in each tax year at least equal to the tax that the Charity will claim from HMRC on this Gift Aid donation. Please tick if you do not want us to claim Gift Aid

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []

