



Sponsored by Pets World

Formally known as Greenworld

The 9th Staplehurst 10K

Sunday 11th June 2017 at 10.00am

Supporting Staplehurst Carnival and Fete
Held under UK Athletic Rules. UKA Licence applied for

Fast and flat 10K along the lanes surrounding the village.

Great pb potential!!

****Medal and finish line goodies to all finishers** Plus – chip timing!**

Prizes for: 1st, 2nd, 3rd Males, 1st Male Vet Categories 1-7, First Male Team (of 3)
1st, 2nd, 3rd Ladies, 1st Female Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 60 minutes after first runner home

Race Venue: Surrenden Road Playing Field, Staplehurst, TN12 0LY

Race HQ: Staplehurst Village Hall, High St, Staplehurst TN12 0BJ

ENTRY FEE: 10K £15.00 attached £17.00 unattached £20.00 on the day

ENTRY LIMIT: 600. Postal closing date is 7th June but entries accepted on day subject to availability

Please enclose a large SAE. Cheques payable to 'Staplehurst Carnival'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Further information or enquiries tel. 01797 229955

ENTER ONLINE www.nice-work.org.uk

Please enter me for The 9th Staplehurst 10K []

Please complete the below entry form in BLOCK Capitals

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 11/06/2017 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 15 years of age on 11/6/17 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []