



Sandbach Striders Running Club
10k & Family Fun Run
Sunday 6st September 2015 -11.00am



Under UKA Rules – licence applied for
Race limit 200 - minimum age 16 years

10k multi-terrain race

Half (approx.) mile Children's fun run starts (10.20am)

RACE H.Q. ELWORTH CRICKET CLUB, ELWORTH, SANDBACH

Drinks Station, Changing & Showers + On-line Results

Prizes to 1st three Males & Females

Individual prizes in Vets Categories

Prizes to 1st Sandbach Resident (Male & Female)

(max. 1 prize/person)

ENTRY FORM

First Name: _____ **Surname:** _____

Address: _____

_____ **Post Code:** _____

Tel No: _____ **Email:** _____

DOB ____/____/____ **Age on race day:** _____ **Male** **Female**

UK ATHLETICS REG NO: _____

NON UK ATHLETICS MEMBERS (TICK HERE)

AFFILIATED CLUB: _____

Entry Fees: Affiliated £12 Unaffiliated £14

Cheques payable to: "Sandbach Striders"

Total enclosed £ _____

ENTRIES AVAILABLE ON THE DAY (subject to race limit & £2 surcharge)

I declare that I will abide by the Laws and rules for competition of UKA. I confirm that I am an amateur as defined under UKA rules. I intend running entirely at my own risk and that the organisers will not be held responsible for any injury, loss, damage or harm resulting from participating in the Sandbach 10k. I will be over 16 years of age on 6th September 2015.

Signed: _____ (if under 18 parent/guardian signature required)

Entries to:- Sandbach 10K, c/o 27 Price Avenue, Sandbach, Cheshire, CW11 4BN
Closing Date for Postal Entries 1st September 2015. Race numbers collected on the day.

