12TH RUNNING OF EVENT Medal to all Finishers.



10K ROAD RACE- CANNON HILL PARK MOSELEY, BIRMINGHAM 9.40 AM SUNDAY 4th November 2018

Closing date for entries Tues 30th October
No entries accepted on the day

ENTRY FORM



ENTRY FEE & FUNDRAISING REQUEST

£18 attached £20 unattached

(Cheques made payable to Foundation for Conductive Education).

Raising funds for Cannon Hill House, part of the Foundation for Conductive Education, which helps disabled people with Parkinson's, Stroke, MS, cerebral palsy or head injury, live more independent and fulfilled lives. (Registered charity no. 295873 www.cannonhillhouse.org.uk)

Online entries http://www.BookitZone.com (tick appropriate box) (Please print in capital letters) FFMAI F **FULL NAME** MALE **ADDRESS**POSTCODE..... CONTACT TEL **EMAIL** DATE OF BIRTH AGE AT 4th November 2018..... NAME OF CLUB..... ATTACHED **UNATTACHED PRIZES** 1st three men **RETURN YOUR FORM & CHEQUE TO** 1st three women **RACE ORGANISER:** Race Director Male veteran winners in each of five age 15 Jervoise Drive categories (40-44, 45-49, 50-54,55-59, 60+) Northfield Female veteran winners in each of four age Birmingham B31 2XL Categories (35-44, 45-49, 50-59, 60+) Mrfozzy55@gmail.com Tel 07885807317 Spot prizes Medals to all finishers.

DECLARATION:

Signed

Please enter me for the Foundation for Conductive Education (FCE) 10k Road Race on Sunday 4th November 2018.. I declare that I am medically fit to run and I accept that I take part in this event at my own risk and that FCE is unable to accept liability for any loss, damage or injury, however arising, or for cancellation of the event for any reason outside its control. I declare that I am an amateur as defined by UK Athletics. I agree to abide by the current laws and rules of competition of UK Athletics. I will be 15 years or over on the day of the event. I consent to FCE holding personal data from this entry form on their computer for the purposes of race administration. I understand that this information will not be passed on to third parties other than the publication of my name and finishing time in the race results and that any information held by FCE will be made available to me on my request I understand that this is a fundraising event on behalf of FCE and pledge to raise as much sponsorship as possible and that entry fees are non-refundable as they cover the costs of administering the event. Email confirmation of receipt of sponsorship monies is acceptable. I understand that FCE may take photographs of me taking part in this event and I permit FCE to use these images for promotional purposes.

Please tick the box if you would not like to receive information about upcoming FCE events and challenges.

RESULTS: To obtain race results please telephone or email Race Director, Martin Foster

Date

Tel: 07885 807317 Email: martin.foster2@virgin.net