

# Penny Lane Striders 10k Road Race



**Chip Timed**  
Part of  
Merseyside  
GRAND PRIX

**Sunday 20<sup>th</sup> July 2014 10:30am**



Age limit 15 Race limit 490 UKA Rules Apply UK Athletics licence 2014-11534

<b>Venue</b>	<b>Riversdale Police Club, Riversdale Road, Liverpool, L19 3QN</b> Not suitable for wheelchair users, other disabilities must advise in advance to assess suitability	
<b>Entry Fees</b>	UKA Members of affiliated clubs <b>£10</b> Unattached <b>£12</b> (includes £2 UKA levy)	Entries on day <b>£2 surcharge</b>
<b>Prizes</b>	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Male and Female      1 <sup>st</sup> Vet in each category Team Prizes – First 4 to count – Vests must be worn Medal to all finishers	
<b>Details</b>	Return form to: <b>Race Secretary, 3 Knavesmire Way, Allerton, Liverpool, L19 5PL</b> with a cheque made payable to <b>Penny Lane Striders</b> and a <b>correctly stamped addressed A5 envelope</b> . Race details and chips will be posted out with race numbers OR enter online: <a href="http://www.ukresults.net">www.ukresults.net</a> / <a href="http://BookitZone.com">BookitZone.com</a> and collect your number and chip on the day. Contact details: pennylane10K@hotmail.com	
<b>Sponsors</b>	APH - Aigburth Peoples Hall <a href="http://aph-liverpool.co.uk/">http://aph-liverpool.co.uk/</a> <a href="mailto:aph@aigburthpeopleshall.co.uk">aph@aigburthpeopleshall.co.uk</a> 0151 7260165	

<b>Surname</b>	<b>First Name</b>	<b>DOB</b>
<b>Address</b>	<b>First Claim Club (Vest worn)</b>	<b>Age on day</b>
		<b>UKA Number</b>
		<b>Male or Female</b>
<b>email</b>	<b>Signed by parent/guardian if under 18</b>	<b>Office use Only</b>
	<b>Date</b>	