



SC20 ROAD RACE



A picturesque 20-mile road race, 3 weeks before Berlin, 4 weeks before (revised) VMLM & 6 weeks Yorkshire marathon



Certificate no: 09/031

Sunday 6th September 2020: Start at 09:30hrs



Venue: Everybody Leisure Centre, Rope Lane, Shavington CW2 5DJ

Online entry via: bookitzone.com (Confirmation of booking & race info via email)

- 20 miles of frequently hilly, mainly quiet & scenic country lanes.
- Excellent marshalling support and regular drink stations.
- Comprehensive prize list, team prizes and course record prizes.
- Ample parking, toilets, lockers, changing and shower facilities.
- New for 2020, are race pacers at 8.00, 9.00, 10.00 & 11.00 mins/mile
- Also new for 2020 is event chip timing via AV Timing
- A race memento and a can of Erdinger Alkoholfrei for every finisher.
- Run under UKA Rules. Licence Pending.
- Race numbers issued on the day.
- Pre/Post race massage by **LW Sports Therapy M:07786 236278**
- All enquires to **Mike Stevens, Race Director, M: 07800 683854**



For the safety of all runners' the use of audio devices, headphones and earpieces are NOT permitted. Failure to abide by these regulations will result in disqualification.

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SC20-MILE ROAD RACE. OFFICIAL ENTRY FORM - BLOCK CAPITALS PLEASE

First Name.....Surname Telephone No.....

Home Address..... Post Code.....

Date of Birth..... Age on Race Day..... (min18 years). Gender: M or F (Please circle)

E-mail.....

UKA Affiliated Club (if applicable)UKA registration number.....NSRRA number (if applicable)

ENTRY FEES (Please tick) £20 (Affiliated) £22 (Unaffiliated).

DECLARATION:

I will abide by the rules of UKA. I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses that may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day and that, in any event, I will compete at my own risk. The details on this form will be held on computer for the purposes of this race. I agree that the organisers may publish my Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences, publishing results or promoting future races either for the event alone or other events. Results may include name, any club affiliation, race times, email address, date of birth and age category.

Post the completed form to **Simon Walker, Race Secretary, 46 Woodside Ave, Wistaston, Crewe CW2 8AN. Please provide email address or SAE**

For further details and to read the specific Terms & Conditions of the event visit: www.southcheshireharriers.org.uk

Signed.....

Date.....