

MUDDY BOOTS 10K

**St Wilfrid's RC Primary School,
Church Lane, Ripon, HG4 2ES**

**Sunday 10th February 2019
Fun Run 10am / 10k 11am**

Race Information



Thank you for entering the 2019 Muddy Boots 10k ☺

Parking

Limited roadside parking is available on Church Lane. There is further roadside parking on Studley Road towards the cricket club. Booths & Sainsburys Supermarkets offer Pay & Display Car Parks, a short walk away.

Facilities

WC's are available in & around the school grounds. Personal belongings may be left in the cloaks. Please note these are left entirely at your own risk and the school do not accept any responsibility for loss/damage of items.

Race Numbers & Chips

All numbers and chips are to be collected on the day so please arrive in good time. Please ensure all contact details are completed on the reverse of race numbers & numbers are not defaced or folded. Chips must be attached firmly to your shoe with the zip tie provided and handed back at the end of the race.

Water

There will be water stations at approx 4.5k - Low Lindrick Farm and at the finish.

First Aid

St Johns Ambulance will be on site for any medical assistance. If any runner needs assistance on route then please speak to the nearest marshal who will co-ordinate any medical assistance required.

Prizes

Each finisher will receive a race memento. There are prizes for 1st to 3rd Male & Female, Age category, School Parent and Team Prizes (1st 3 Men & Women in club vests)

Refreshments

Bacon sandwiches, home baking & hot drinks are available throughout & post-race. Please join us in the school hall for the prize giving & some light refreshments after your race.

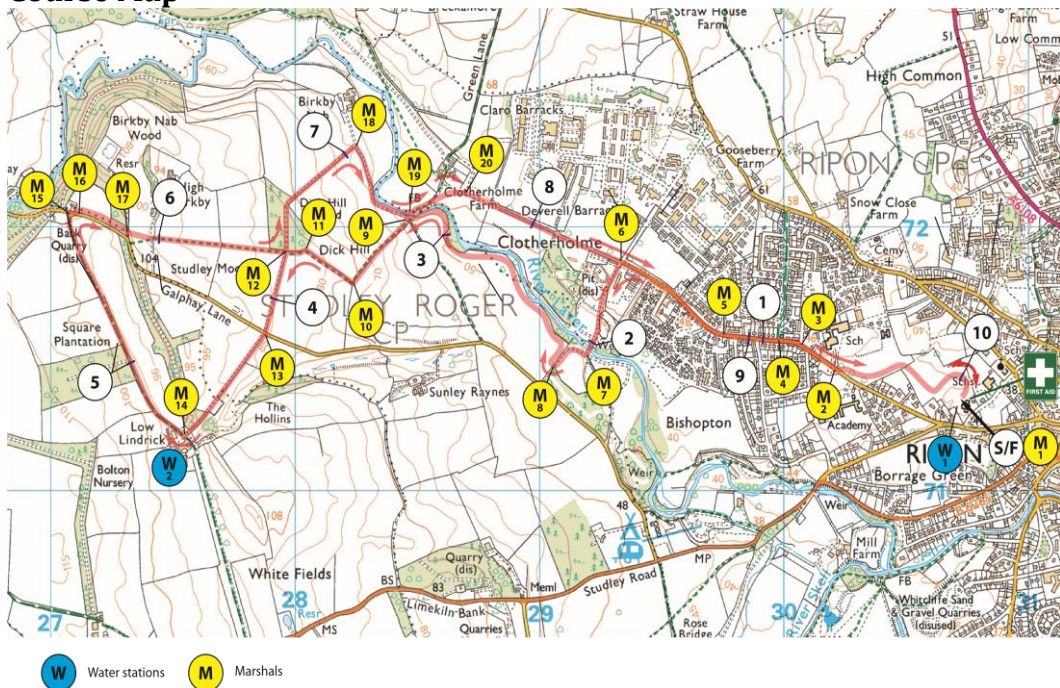
Severe Weather

As previous runners will know, we plan to hold the race whatever the weather, although should severe weather prevail & put the race in jeopardy then you will be notified by email & on the Facebook page.

Route

The race starts & finishes on the school playing fields. It's a multi-terrain course, encompassing road, trail & field, please wear suitable footwear.

Course Map



Results

These will be posted to <http://my5.raceresult.com/115803/>
& www.ukresults.net

Race Feedback

Feedback is always welcome. If you have anything you wish to share about your race day with us or have any questions, please email us at muddyboots10k@outlook.com

You can also keep up to date with the latest information on our website bit.ly/muddybootsrun & Facebook page, where you can also complete a race review www.facebook.com/MUDDYBOOTS10k



Enjoy your race! 😊

Special thanks to our 2019 race sponsors for their support & kind donations



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