



South Cheshire Harriers



present the

Course Measurement Cert No.
09/002
Under UKA Rules
Licence No. 2018-32179



10K Road Race and 5K Fun Run

Easter Sunday
1st April 2018



Headphones Prohibited

10K Starts at 10:15am
Fun Run starts at 9:30am

Race HQ and Car Park at Manchester Metropolitan University Crewe Campus, CW1 5DU

Very fast, flat 2 lap 10K course (1 lap 5K) – Chip Timing.

Memento to all 10K finishers and 5K finishers.

Various cash prizes including a course record prize.

OFFICIAL ENTRY FORM 2018 – BLOCK CAPITAL PLEASE

Surname:		First Name:	
Address (In full):		Date Of Birth:	
		Age On Race Day: (minimum age 15)	
		Sex (M/F):	
Post Code:		Email Address:	
		Telephone:	
UKA Affiliated Club (if any):		Registration number:	

(Please note that the course is not suitable for wheelchair athletes). Please tick box below

Entry for 10K Affiliated £13.00	Entry for 10K Unaffiliated £15.00	Fun Run/5K £3.00	Air Products employee
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NB. NO ENTRIES ON THE DAY FOR 10KM RACE OR TRANSFERS ON DAY

NSRRA No.....

DECLARATION

- I will observe the race rules and obey all marshals' instructions.
- I am medically fit to run and understand that I enter at my own risk, and that the race organisers will not be responsible for any injury/illness incurred by me during the race.

An adult must accompany fun runners under 12.

Signed..... **Date:**

(Parental or Guardian permission will be requested on the entry form for runners under 18 years old)

Return to: Race Secretary, Air Products 10K, 34 Woolston Drive, Hough, Crewe. CW2 5RF

For more information visit: www.southcheshireharriers.org.uk and follow the link or email natbailey@live.co.uk or telephone: 07739 020550

Closing date postal entries19th March 2018 or when race limit has been reached if earlier.

Before posting please make sure that you have: Include a 9" by 6" SAE with appropriate postage; enclosed payment; filled out the form correctly; and signed the entry form. Cheques made payable to: 'South Cheshire Harriers'