

Sponsored by

LOWEEN HELLR

Approximately 10 gruelling miles over Cheshire's rough terrain



Sunday 29th October 2017 at 10:00 am At

Crewe Vagrants, Newcastle Road Willaston Nantwich CW5 7EP

Fully Marshalled, toilet/showers/changing facility, car park, refreshments

Goody bag to all finishers

Not suitable for wheelchair athletes

No Ipods or similar allowed



Minimum age 16 Under UKA Rules, Licence number TBC

Prizes: to first 4 Male/Female finishers and all veteran age categories.

Presentation will take place at 12:30

Entry Fees: £13.00 (Attached) £15.00 (Unattached) (£2 extra on the day)

One mile Halloween-themed Fun Run at 9.30am. Entry fee free to U16 otherwise £2

Children under 8 must be accompanied by an adult

Entries to: Race Secretary, 34 Woolston Drive, Hough, Crewe, Cheshire, CW2 5RF Please enclose a 9" x 6" S.A.E and ensure correct stamp value.

Cheques & POs payable to "South Cheshire Harriers"

Enquiries: email: hellraiser@southcheshireharriers.org.uk or visit www.southcheshireharriers.org.uk

HALLOWEEN HELLRAISER ENTRY FORM 2017 - BLOCK CAPITALS PLEASE

Surname		First Name	
Address		DOB	
		Age	
		M	F
Post Code		Phone	
Hellraiser	Fun Run	Email	
Club		UKA number	

DECLARATION

- 1. I will observe the race rules and obey all marshals' instructions.
- 2. I am medically fit to run and understand that I enter at my own risk, and that the race organisers will not be responsible for any injury/illness incurred by me during the race.

Signed	Date:
(Parental or Guardian I	permission to sign for runners under 18 years old)