

## WIGAN PHOENIX





### Haigh Hall 4M Race

Thank you for your on-line entry. Race registration is at the Stables Centre at the Hall (opposite the main car park) on School Lane. Car parking IS NOW FREE. Your number will be available at registration which will be open from 18.00 at the latest. Please arrive early to avoid queuing.

The course is 4 miles over 2 and a bit laps, starting in front of the Hall, 250m from registration. Although designated as a trail race, most of the course is on tarmac (and the trail section is usually quite dry).

Refunds are not available but if you cannot attend, transfers to a colleague are FOC in advance of the online closing date and on the night.

PLEASE...

-  Complete the emergency details on your number.
-  If you must wear headphones you **MUST** only use one earpiece so that you are aware of other runners and can hear marshals' instructions.
-  Please move through the finish as quickly as possible and do not ask the timekeepers what your time is.
-  Remember to cover or remove your number if you walk back on the course and do not obstruct the timekeepers' view of finishers.

Enjoy the race!

Paul Carroll, Race Director