



THE 2019 HAIGH HALL RACE

(4M APPROX)

(UNDER UKA RULES - TRA PERMIT 2415_2415)

WEDNESDAY 8th MAY AT 7.30PM

REGISTRATION AT: HAIGH HALL, SCHOOL LANE, HAIGH, WN2 1PE (SEE MAP ON REVERSE)

PLEASE NOTE PARKING FEES APPLY

RUNNERS OF ALL STANDARDS WELCOME

PRIZES



First 5 men

First 3 ladies

First men's team (4 to count)

1st ladies' team (3 to count)

1st/2nd male vet over 40/45/50/55/60/65

1st/2nd lady vet over 35/40/45/50/55/ 60

1st male junior (Under 20)

1st female junior (Under 20)

Free results on the night

ENTRY FEES (Minimum age 16)

Pre-entries: £5 (£7 unattached)

On the night entries: £6 other/£8 unattached

Postal entries BY 04.05.18 to: Paul Carroll

21 Pilgrims Way, Standish, Wigan, WN6 0AJ

Send 9 x 6 SAE or collect on night

Cheques payable to: Wigan Phoenix

paul.carroll@wiganphoenix.org.uk

07950 074173

ENTER ONLINE BY 05.05.18 (FEES APPLY) VIA

<https://bookitzone.com>; <http://www.race-results.co.uk/results/2019>

Haigh Hall Night Race:

Name _____ M/F _____ D.O.B. _____ Age _____

Address _____ Postcode _____

UKA Club _____ UKA Reg No. _____

I am an amateur as defined by UKA laws and rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by the UKA rules.

Signed _____

Note for online entrants.

Thank you for your entry. Please:

- 1 Arrive early and follow the signs to registration to collect your number.
- 2 Note that parking charges apply at Haigh Hall and there is strictly limited parking off site.
- 3 As part of the course is on the public highway you risk disqualification if you wear headphones.