

WIGAN PHOENIX
THE STANDISH HALL TRAIL RACES
AUTUMN/WINTER 2014/15

(UNDER UKA RULES. Licence Applied For)

www.runbritain.com

SATURDAY 25th OCTOBER 2014 and
SATURDAY 21st FEBRUARY 2015 at 2.30PM

DISTANCE - VERY APPROX 10K

Course records:

Matt Moorhouse, Salford Harriers, 34.15; Lauren Howarth, Leigh Harriers, 37.04

REGISTRATION: BRITANNIA HOTEL, ALMOND BROOK RD, WN6 0SR (NEAR M6 J27)

Runners of all standards welcome

Bar and free results on the day. **And a free Wigan Pie!**

The course is completely off road on bridle paths and woodland trails

PRIZES (Kindly sponsored by SWEATSHOP)

**1st 5 MEN, 1st 3 WOMEN + 1st JUNIORS (U20), 1st/2nd VET,
CLUB TEAM (4M/3W) & UNATTACHED TEAM PRIZES**

PRE-ENTRIES (INC A5 SAE FOR MAP/NUMBER) BY 18.10.14/21.02.15 TO
PAUL CARROLL, 21 PILGRIMS WAY, STANDISH, WIGAN, WN6 0AJ
OR ENTER ONLINE VIA www.bookitzone.com

PRE-ENTRY FEES (PAYABLE TO WIGAN PHOENIX):

PER RACE £6 (£8 UNATTACHED) or

PRE-ENTER BOTH RACES BY 18.10.14 FOR £10 (£13 UNATTACHED)

ENTRIES ON THE DAY WELCOME - £7 (£9 UNATTACHED)

(Min age 16)

Email enquiries to paul.carroll@wiganphoenix.org.uk or phone 07950 074173.

Standish Hall Trail Race Oct/Feb/Both (please circle):

Name _____ Club _____

DOB _____ Vet category _____ M/F _____ UKA No _____

Address _____

Postcode _____ Signed _____ Date _____

Parental signature (for 16-17 year olds) _____

I am an amateur as defined by UKA rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by UKA rules.