## 7 Mile ROAD RACE

## SUNDAY 10<sup>th</sup> JULY 2016 – 2pm

Licence Number: 2016 - 23571



Kilburn is 20miles north of York, 6 miles east of Thirsk in the North York Moors National Park. An undulating, scenic route overlooked by the White Horse. The race passes through historic Coxwold – Lawrence Sterne's Shandy Hall on your left, the Norman Church on your right – the Cistercian Byland Abbey – the picturesque village of Oldstead – back to Kilburn with its Robert Thompson 'Mouseman' Workshops, Museum & Café, plus the Norman Church & 12<sup>th</sup> century Forresters Arms.

First 6 Men – First 6 Ladies. First Male Vets o/40 o/45 o/50 o/55 o/60 o/65 o/70 o/75 o/80. First Female Vets o/35 o/40 o/45 o/50 o/55 o/60 o/65 o/70. Bottle of Wine to all finishers o/70, Male & Female. Team Race – 4 to count – Male & Female.

TRADITIONAL AFTERNOON TEA FOR ALL FINISHERS AT THE VILLAGE INSTITUTE

.....Cut Here.....

## **KILBURN FEAST 7 – ENTRY FORM 2016**

( Minimum Age 16 on 10.7.16)

Surname	Male/Female	First Name
Address		
Post Code	E Mail Address	
Date of Birth	Age on 10.7.16 F	Phone No.
Club	England Athletics No.	

I declare that I am an amateur as laid down by UK Athletics Laws. I am medically fit to take part in the race. I understand that the organizers will in no way be responsible for any injury, illness or loss due to my participation. Data Protection Act: I understand & agree that the above details will be stored on a computer for race administration purposes & will not be supplied to a commercial organization.

Signed

(By parent if under 18)

Cheques payable to KILBURN FEAST ROAD RACE

FEE £12 registered - £14 unregistered. Entries on day £2 extra – eligible for prizes. Postal entries close July 4, please enclose sae 9x6. Post to Mr Peter James, 4 Kilburn Court, Kilburn, York YO61 4AW. Tel: 01347 868696 E Mail: <u>peterjames07@tiscali.co.uk</u>

Or enter online at http://www.runbritain.com/races (& search Kilburn 7) or http://www.bookitzone.com