



The 19th Guiseley Gallop



**10K Distance (Approx) - Multi-Terrain
Supported by**

Skyrac Athletic Club - www.skyrac.co.uk

Complete Runner - www.completerunner.co.uk

Active Print Solutions - 0113 203 6030 – www.activeprintsolutions.com

Easter Sunday 20th April 2014 – 10.30am

From West Side Retail Park, Guiseley, Leeds. LS20 9NE

Tracks – Paths - Leeds & Liverpool Canal Towpath - Road
Past Emmerdale's Woolpack Pub in Esholt

Course Records - Men: Martin Scaiff 34:05 (2003) **Women:** Gill Keddie 38:52 (2003)
Extensive Prize List in Veteran 5 year categories – UKA Permit 10601 – Age 17+ on day

For all finishers a bottle of Briscoe's Brewery Guiseley Gallop Beer

Entry Fee £8.50 (Unattached £10.50) £2 Extra on the Day

Cheques payable to Skyrac AC

Postal entries (by 14th April) with 9"x 6" SAE to:

Guiseley Gallop - 107 Park Road, Guiseley, Leeds. LS20 8EN Tel 07779 748301

Online Entries available at www.ukresults.net



This race forms part of the Airedale Triple Challenge – the others being:

The Baildon Boundary Race - Sunday 6th April 2014 www.baildonrunners.tk

The Meanwood Valley Trail Race - www.valleystriders.org.uk

Certificates for runners who complete all 3 races & trophies for 1st MU40, M40-49, M50+, WU35, W35-44, W45+

Name	<input type="text"/>	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>
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Address	<input type="text"/>
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Telephone	<input type="text"/>	Email Address	<input type="text"/>
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Date of Birth:	<input type="text"/>	Age on day of Race:	<input type="text"/>
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Club	<input type="text"/>	UKA Reg No.	<input type="text"/>
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Declaration	<p>I declare that I am an amateur according to UK Athletics laws. I understand that I take part entirely at my own risk and accept the organisers shall not be liable for any injury or illness to my person or loss of property.</p>
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Signature	<input type="text"/>
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**Enjoy Running! Why not join the Skyrac Team!
Go to www.skyrac.co.uk for details about the club.**