ROCHDALE HARRIERS & A.C.
PRESENT THE ANNUAL

ROCHDALE 10K

ON

Tuesday 1st JULY 2014

Permit Applied for under England Athletics Rules

AT 7-15 PM

Venue: SPRINGFIELD PARK, BOLTON ROAD, ROCHDALE
Course: one lap, undulating

ENTRY FEE: £5-00 EA Registered Members and £7-00 Unattached

£2-00 EXTRA FOR ENTRY ON THE DAY

Surname																
Forename																
Address																
Address																
Address									**Post code**							
EA Reg. No.						**Age on race day:**						**Male/female**				
Club																
Telephone Number (optional)																
Your e-mail address (optional)																
(Official use only) Race Number																

Please send completed entry forms by 24th June to Phil Roberts, 19 Shepherd Street, Norden, Rochdale, OL11 5SU. Cheques payable to Rochdale Harriers & A.C.
Collect race number on the night from registration.

I am an amateur as laid down by the rules of U.K. Athletics, and I certify that the entered particulars are correct. I understand that I enter this event at my own risk and that I will not hold the organisers responsibl for any illness, injury or loss sustained during or as a result of this event.

Signature…… **Date……/……/……**

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