

CUMBERLAND
ATHLETIC CLUB



Cumberland AC Lowca 10K

Cumberland-ac.weebly.com



TUESDAY 8 May 2018 @ 7.00PM

(under UK Athletics Rules – Licence applied for)

Race starts @ 7:00 pm from Lowca Rugby Club, Lowca

Out and back course along the cycle path

Registration at Lowca Rugby club from 5.45pm.

Registration will close at 6:45pm.

Prizes:

First three male and female finishers

Veteran male and female prizes in 5 year categories from age 35

Juniors from age 15 allowed to run.

Pre-entries: £7.00 (affiliated) or £9.00 (unattached)

Entries on the day: £8.00 (affiliated) or £10.00 (unattached)

Postal entries should be returned to Craig Kershaw, The Stables, Moresby Hall, Moresby, Whitehaven, CA28 6PJ
(Cheques payable to "Cumberland AC")

OR Enter online: www.bookitzone.com

Cumberland AC Lowca 10K Entry Form – 8 May 2018

| | |
|---|---|
| Surname: | Male <input type="checkbox"/> Male Vet <input type="checkbox"/> |
| First Name: | Female <input type="checkbox"/> Female Vet <input type="checkbox"/> |
| Address: | Date of birth: |
| Post Code: | Age on Race Day: |
| UKA Affiliated Club Name: Unaffiliated: <input type="checkbox"/> | UKA Membership No: (must be provided) |
| Email: | |
| Pre-entry Fee: £7:00 (affiliated) <input type="checkbox"/> £9:00 (unattached) <input type="checkbox"/> | |
| Entry received on the day: £8:00 (affiliated) <input type="checkbox"/> £10:00 (unattached) <input type="checkbox"/> | |
| Signed: | Date: |
| Under 18's: Parent's Signature: | Date: |
| Declaration: I hereby declare that I am eligible as defined by the rules of UK Athletics and that the above details are complete and correct. I am medically fit to run and understand that the organisers of the event will in no way be held responsible for injury to my person or illness during or as a result of my participation in the event or for any property lost or stolen on or in the vicinity of the course. | |