



# Sowerby Scorcher 10K 2020



**Multi-terrain Challenge Run**  
**Saturday, 16th May 2020**

*Come and enjoy a 10K morning run through the breathtaking countryside above the Pennine village of Sowerby. The circular route follows quiet country roads, bridleways and paths with panoramic views over the Calderdale and Ryburn valleys. Approx 40% of the route is "off-road" on tracks and paths.*

Registration from 9.30am, for 11.00am start  
Starting from St Peter's Centre Sowerby

Entry form from:

Mrs B Patel,

51 Kingsley Avenue, Sowerby Bridge, HX6 1DJ, Please include SAE.

Tel no. 01422 839409

or apply via email to: [val95pownall@gmail.com](mailto:val95pownall@gmail.com)

or online at [https://bookitzone.com/sanjay\\_patel\\_1/GtiFFX](https://bookitzone.com/sanjay_patel_1/GtiFFX)

£10 entry fee (£12 On the day) for Associate members:

Stainland Lions Club & Sowerby Bridge Snails

All others: £11 entry fee (£13 on day)

Entry fee includes free memento and

certificate on completion of race and refreshments afterwards

Online entries will be charged £1.50 extra for admin cost

Prizes for winners

[www.st-peters.ryburnbenefice.org](http://www.st-peters.ryburnbenefice.org)

**Springhill**  
water services



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SaintPeter's Church Sowerby

**St Peter's Community Centre, St Peter's Ave, Sowerby. HX6 1HB**

**Start: Centre Car Park 10.30 for 11am (registration from 9.30am-10.30am)**

From the Start/Finish check point, turn right into Dean Lane, turning left at the T junction with St Peter's Ave. Turn left at the T junction with the main road, and proceed up the road through Towngate, Sowerby for about 400 metres.

Following the sign to the Rushcart Inn, take the right fork to go along Towngate, continuing straight on to Dob Lane and go on for about 1.0km. Turn left up Steep Lane (very steep) for about 200 metres. Turn right by Lane Ends Barn at the crossroads then go along New Lane for about 200 metres. Leaving the tarmac road on the bend, take a left fork up the signposted bridleway (Moorbottom Lane) and continue on for about 1.1km. At Nab End junction turn left and continue straight ahead for about 800 metres .

Turn right at Steep Lane/Highstones Road continuing for about 450m. After passing Pitts Farm on the right, turn left onto the signposted Waterstalls Road and continue straight ahead for about 1.25km.

Following the bridle path continue straight on, going through a gate onto an open moorland track. Continue along the open moorland track.

When reaching the wall on the left, turn left over the signposted stile and follow the path along the wall heading towards Slack Lane. At a fork in the path, go right following the public footpath sign down a walled track to a gate. Cross the gate-stile to the road. Turn right down Nook Lane for about 600m to reach the Water Station.

Turn left along signposted bridle path to Kennel Lane.

Turn right down Kennel Lane and continue past Clough Banks for about 450 metres and along the road until you reach the next T junction.

Turn left and go up Otter Lee Lane for 400 metres, until reaching Helm Lane on the right.

Turn right into Helm Lane and continue on until the next T junction with Bowood Lane.

Turn left on to Bowood Lane, continuing into Dean Lane, going straight across the next cross roads, passing Field House on the left.

Follow Dean Lane back to the Start/Finish check point at St Peter's Community Centre Car park.

## Conditions of Entry

1. Obey any marshals' instructions.
2. Display number plaque provided so that it can be read on the front.
3. Be aged 16 or over on the day of the event.
4. Follow the Country Code, take care when approaching horse riders, let them know you are there.
5. Obey the Highway Code, take care near pedestrians, pay due regard to any who may be using the same tracks/ bridleways.
6. Any runner causing or witnessing an accident MUST stop and help anyone injured and notify the emergency services and organisers.
7. Suitable weather appropriate clothing must be worn.
8. The decision of the organiser is final.
9. No outside help or cheating.
10. Entry is at your own risk.
11. Any entrant who retires must inform the organisers.

### **REMEMBER YOU ARE RESPONSIBLE FOR YOUR PROPERTY**

**THIEVES ARE EVERYWHERE, LOCK IT OR LOSE IT.**

**IF YOU SIGN AN ENTRY FORM YOU ACKNOWLEDGE**

**YOUR NEED TO PROVIDE YOUR OWN PROTECTION AND INSURANCE.**

There is refreshment available at the Water Station on route. There is adequate free parking provided at Ryburn Valley High School, St Peter's Ave, near the Centre. A map of the route will be available to view on the morning of the event. Race numbers will be given out during registration in the Centre.

Late entrants allowed on the day but subject to the race limit of 300.

Refreshments will be provided in St Peter's Centre after the race.

Prizes will be awarded to the winners and all will receive a memento of the race upon successful completion. Results will be published on our web site <http://st-peters.ryburnbenefice.org>.



# Sowerby Scorchers 2020 Multi-terrain Challenge

This is the 10th year of running this event, and we are looking forward to it being another successful occasion.

The circular route follows the same lanes, bridleways and footpaths over the hills and moors of Sowerby as before, with panoramic views over beautiful Pennine hills. There are some steep sections, some muddy parts and some occasional stiles. About 40% is off-road, and we hope you find it very enjoyable.

We trust that everyone involved will have a great time and that we have as much positive feedback as we did in previous years. The race is held in aid of supporting our local village Church.

The race is held in aid of our local village Church of St Peter. We ask entrants to arrive no later than half an hour before the event starts, so that the race can start promptly at 11am.

## HOW TO FIND US

From Halifax follow the A58 to Rochdale and Manchester, until you reach the traffic lights at Sowerby Bridge. Go straight through the lights and continue over the road bridge and under the railway bridge, then turn right. About one mile along this road up the hill you will see St Peter's Church on the left. Turn left straight after the Church onto St Peter's Ave. Ryburn Valley High School is approx. 200yds on the right. Please park your car in the school car park. The Community Centre is on the right, opposite the Church, which you have just passed.