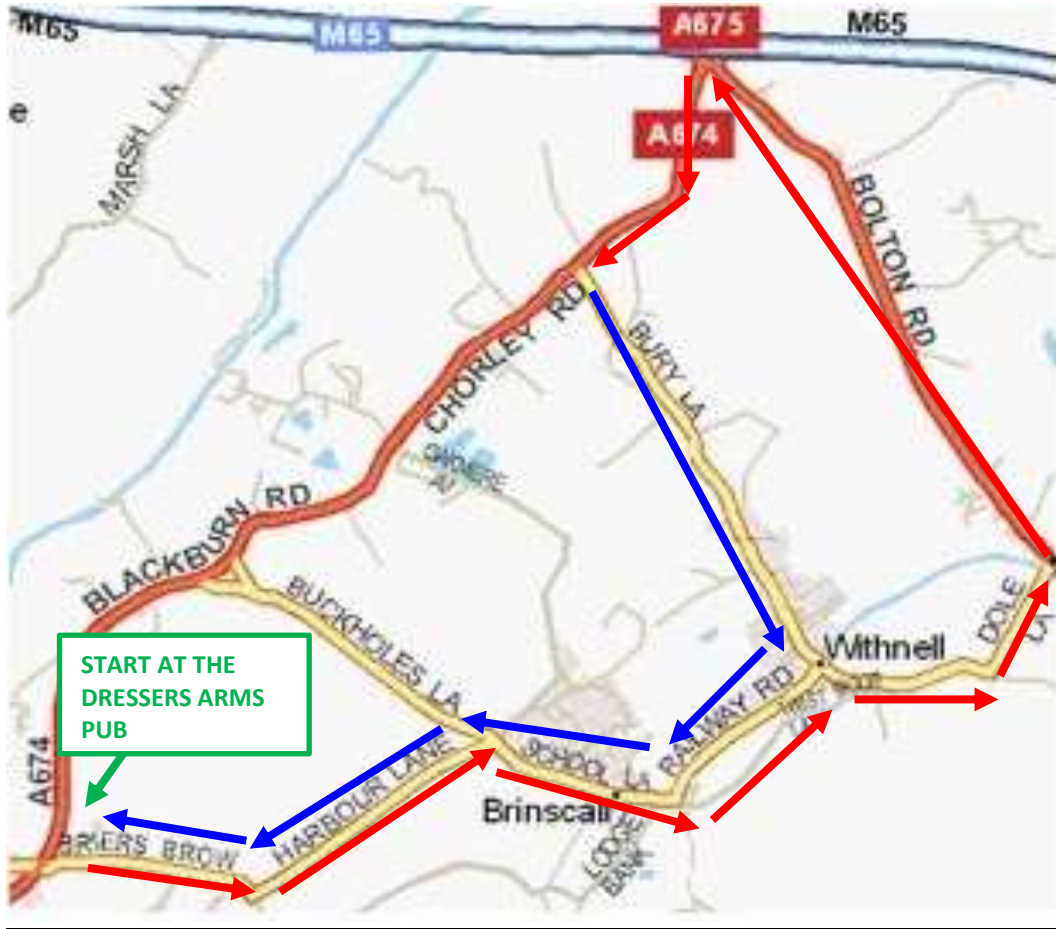


HEAPEY AND WHELTON VILLAGE HALL COMMITTEE

37th Dressers' THROUGH THE VILLAGES' RACE



Ordnance Survey Map 102 GR 605212

IMPORTANT NOTES:

- Police request: please park on Whins Lane, following signs to the Hall, or near the old Police Station - this is for the safety of everyone involved.
- Arrive early - limited changing facility is available at the Hall.
- Do not warm up or down on the course - parking is only 10 mins from the start.
- A runner may only run for a SENIOR OPEN TEAM or a VETERAN TEAM but **not both!** Veterans please let me know beforehand.
- Safety Notice: If you cross the road from left to right on the A674 or Bury Lane without authority from the Police or marshalls YOU WILL BE DISQUALIFIED.
- There is a time limit of 1hr 40 mins, after which you can self-time and still receive your finisher's medal.
- No headphones, earphones or animals are permitted for safety reasons.
- Have a great run, enjoy yourselves and please come back again!

See you on Sunday 7th November 2021 - prompt start at 10.30 am.

Many thanks
Scott Lowe
Race Director

Email: throughthevillages@yahoo.com