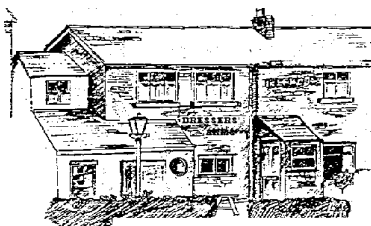


36th Dressers' THROUGH THE VILLAGES' RACE

Organised by

Charity number 515631.

HEAPEY & WHEELTON
VILLAGE HALL



by T Dickenson 1984

Sponsored by the DRESSERS' ARMS & MYOGABODY YOGA STUDIO
8 MILES 781 YARDS (8.45miles) approx.
OPEN ROAD EVENT
Held under ARC/UKA Laws
ARC Permit *****

SUNDAY 3rd NOVEMBER 2019 AT 10.30am

Venue: Starting and finishing at the Dresser's Arms, Wheelton, going around the major roads of Wheelton, Brinscall, Abbey Village and Withnell.

Course: An accurately measured, scenic, undulating course, well marshalled, with mile markers. Time limit of 1hr 40mins. No headphones, earphones or similar devices, and no animals

Prizes:

- Medals to all finishers. Prizes for first 3 home, first 3 women, first where there are at least 9 others. Veteran prizes will be increased proportional to the number of veteran pre-entries. First two teams, first vet team, first social club (strictly U/A) - three to count.
- Only ONE main prize per runner. Prizes are dependent on the number of pre-entries.
- Veterans cannot run in both Open and Vets Classes.
- Prize winners must collect their prize(s) on the day.

Entry: £11.00 Members of Affiliated Clubs, £13.00 Unattached Runners, entries on the day £2.00 surcharge. Maximum number of runners is 400. Minimum age 16 years on day of race. Online entry www.bookitzone.com or on the day with this form subject to not being sold out.

Course record - 42m 47secs, Rich Archer 1990, Manchester University AC

ON THE DAY FORM: 36th DRESSERS' Through the Villages' Race 2019

Name _____ Address _____

Affiliated Club _____ UKA/ARC number _____

Telephone number _____ Male / Female _____ Post Code _____

Social Club (Unattached only) _____ Age on Race Day _____ DOB / / .

Pre entry www.bookitzone.com On the Day add £2.00 Total £ _____.

I declare that I am an amateur to UKA/ARC rules and I do not hold the organisers liable within those rules.

Signed _____ Parent / Guardian if under 18 Date

You agree that we may publish your Personal Information as part of the results of this race and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, age category, club affiliation, and race times