



# South Cheshire Harriers



Course Measurement Cert No.  
09/002  
Under UKA Rules  
Licence No. Applied For

present the



## 10K Road Race and 5K Fun Run

Easter Sunday  
5th April 2015



Headphones Prohibited



10K Starts at 10:15am  
Fun Run starts at 9:30am

Race HQ and Car Park at Manchester Metropolitan University Crewe Campus, CW1 5DU

Very fast, flat 2 lap 10K course (1 lap 5K)

Comprehensive prize list

Memento to all 10K finishers and 5K finishers

### OFFICIAL ENTRY FORM 2015 – BLOCK CAPITAL PLEASE

<i>Surname:</i>	<i>First Name:</i>
<i>Address (In full):</i>	<i>Date Of Birth:</i>
	<i>Age On Race Day:</i> <span style="float: right;"><i>(minimum age 15)</i></span>
	<i>Sex (M/F):</i>
<i>Post Code:</i>	<i>Email Address:</i>
	<i>Telephone:</i>

<i>UKA Affiliated Club (if any):</i>	<i>Registration number:</i>
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(Please note that the course is not suitable for wheelchair athletes). **Please tick box below**

<b>Entry for 10K Affiliated £8.00</b>	<b>Entry for 10K Unaffiliated £10.00</b>	<b>Fun Run/5K £3.00</b>	<b>Air Products employee</b>
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Race Entries on day subject to £2.00 surcharge.

NSRRA No.....

#### DECLARATION

- I will observe the race rules and obey all marshals' instructions.
- I am medically fit to run and understand that I enter at my own risk, and that the race organisers will not be responsible for any injury/illness incurred by me during the race.

An adult must accompany fun runners under 12.

**Signed**..... **Date:** .....

(Parental or Guardian permission will be requested on the entry form for runners under 18 years old)

**Return to: Race Secretary, Air Products 10K, 46 Woodside Avenue, Wistaston, Crewe. CW2 8AN**

For more information visit: [www.southcheshireharriers.org.uk](http://www.southcheshireharriers.org.uk) and follow the link or email [SCH\\_Club\\_Enquiries@hotmail.co.uk](mailto:SCH_Club_Enquiries@hotmail.co.uk) or telephone: **07791 047745**

**Closing date postal entries .....28<sup>th</sup> April 2015**

Before posting please make sure that you have: Include a 9"by 6" SAE with appropriate postage; enclosed payment; filled out the form correctly; and signed the entry form. Cheques made payable to: 'South Cheshire Harriers'