UCLan Avenham Park 5k & Fun Run

UKA Licence 2019-35731

Bank Holiday Monday 6 May 2019

Proceeds going to

cashforkids

ROCKFM ROCKFM 2

Medals for Fun Run

Medals and T-Shirt for 5k

Sponsored by

uclan

University of Central Lancashire

SPAR

Lawrence Hunt & Co. Ltd.

Race HQ Riverside Cafe Avenham Park **PR1 8JT**

Race Director Shane Cliffe
Shanecliffe@outlook.com

5k Prizes

1st 3 Men. 1st 3 Females. 1st male& female Team (3 to count)
Men 1st Vet Over 40, 45, 50, 55, 60, 65, 70, 75, 80
Female 1st Vet Over 35, 40, 45, 50, 55, 60, 65, 70, 75, 80

5k Race ☐ **Start 11am** — £10.00 UKA Club Members, £12.00 Non UKA Club Members

Fun Run ☐ **Start 10am** — £4.00 For all

FOR ONLINE ENTRY & RACE INFO VISIT: www.ukroadraces.info

First Name
Surname
Address
Postcode
Telephone
Date of Birth (d d m m y y y y)
Male/Female
Actual age on the day of the race
UKA Running Club Name
Email Address

5k T Shirt (No T Shirt on fun Run) Small ☐ Medium ☐ Large ☐ X Large ☐

Entry Disclaimer: In order to compete runners must agree to the following disclaimer: I declare I will abide by the age limit of 15 years or over on race day for a 10k or greater race, or 11 or over on race day for a 5k race and will abide by the laws and rules of UKA (UK Athletics). I declare that I will not compete in the race unless I am medically fit on the day of the race and that, in any event, I will compete at my own risk. I accept that the organisers / sponsors / partners / marshals will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation of the event. Entries are personal to the applicant. They cannot be sold or transferred. I also hereby give my permission to UK Road Races and FCR Events Ltd. to use my name, quotes and photographic likeness for marketing and promotional purposes. I also understand that the entry fee is non-refundable once accepted. I have read and agree to the disclaimer. **Cancellation Policy:** Entrants of this event have the right to cancel any entry made over the internet or post as long as it is done within seven days of the entry date as per the cooling off period specified in the Consumer Protection (Distance Selling) Regulations 2000. UK Road Races reserves the right, in their absolute discretion, to cancel, delay or postpone the event due to unforeseen or unavoidable circumstances out of their reasonable control. In such cases they will endeavour to inform me as quickly as possible. Where the event has to be cancelled, delayed or postponed due to circumstances outside of their reasonable control (including for the avoidance of doubt due to adverse weather conditions or as a result of instructions from the emergency services) they shall not be liable for any inconvenience, expenses, costs, losses or damages suffered by me. Where the event has to be cancelled, delayed or postponed due to circumstances that were within their reasonable control, their entire liability in respect of any inconvenience, expense, costs, losses or damages suffered by me as a result will be limited to the entry price that I have paid to take part in the event (not including any booking fee, if paid).

Closing date Entries for 5k T shirt

Monday 8th April 2019

Entries will be taken on the day

Early entry advised. Entries will be accepted on the day subject to race capacity and an extra fee of £2.00. Finishers awards cannot be guaranteed for these entries. Race numbers to be collected on the day from registration. Race numbers are not transferable. No refunds once entry has been confirmed. Cheques payable to 'Road Races'.

SIGNED:

To be signed by parent/guardian if entrant is under the age of 18

DATE:

Please send completed & signed forms, enclosing appropriate entry fee to:

Steve Ashcroft, 36 Brook Place, Lea, Preston PR2 1TE

Please make Cheques payable to 'Road Races'

PLEASE ENCLOSE A STAMPED SELF ADDRESSED ENVELOPE FOR RACE NUMBER