



Worden Park 10K and fun run

Sunday 19th May 2019, Worden Park, Leyland

Fun Run Start Time: 10.00a.m./ 10k start time 11a.m.

Dear Runner, Please collect your number on the day of the race.

Race HQ: Marquee within the park, registration opens at 9am

Start: The race starts and finishes in Worden Park. The start line is approximately 10 minutes walk from the car park, so please allow plenty of time to collect your number and get to the start line

Toilets: Toilets are available within the park, but there are no changing facilities

Parking: Parking is available at the main car park off Worden Lane. PLEASE NOTE there is a 10 minute walk to the start from Worden Park car park.

Course: Two laps around the paths of Worden Park and surrounding roads. The race is not traffic free but will be marshalled. Please obey marshals' instructions for your own safety. You must keep to the left at all times on the roads, if you cross over you will be disqualified. The wearing of headphones is not permitted as stated in UKA rules. A map of the route is available at.

<http://www.redroseroadrunners.org/OurRaces/WordenPark.aspx>

Prizes: Prizes will be given to the 1st 3 men and 1st 3 ladies, along with the first finisher in all vet categories. One prize per person. These will be awarded in the race headquarters no sooner than 30 minutes after the race is finished. All runners will receive a race momento.

First Aid: Chorleys Angels will be in attendance.

Water Station: A water station will be available on the course itself, and water will be provided for entrants at the end of the race.

We hope you enjoy the Worden Park 10k and fun run

Red Rose Road Runners.