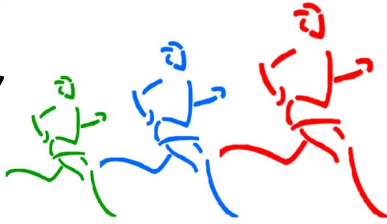


# LANCASTER GIRLS' GRAMMAR MIDSUMMER SUPPER RUN

# 6K



Part of the Lancaster School Supper Runs.

## THURSDAY 22ND JUNE 2023, 7 PM START

**Start and Finish: Lancaster Girls Grammar School playing fields,  
Carr House Lane, Lancaster.**



**This event is open to everyone to enjoy. From couch potatoes to serious road runners! The course, based around the surrounding areas of Lancaster Girls Grammar School, is open to young, old and all those in between.**

- ✓ Flat, traffic free course
- ✓ Presentation, **medals** and spot prizes
- ✓ Toilets and changing facilities
- ✓ Food for all runners
- ✓ Optional fancy dress
- ✓ Beat the teacher competition
- ★ Families and club runners very welcome
- ★ **Entry Fee: £8, entry on the night £10**

For more information and to register, please visit [www.lggs.org.uk](http://www.lggs.org.uk)