

36th LONGRIDGE XMAS PUDDING RUN 2018



**7 MILE
ROAD
RACE**



Sunday 8th December 2019

from Longridge Civic Hall
Longridge, Lancashire PR3 3HJ

**CHRISTMAS PUDDING TO ALL FINISHERS
CERTIFIED ACCURATE**



PRIZES

1st 3 Men • 1st 3 Women • 1st Vet in all categories
Team Prizes to First Male & Female Teams (3 to count)
One prize per person

7 Mile Race

START: 10.00am

£14.00 for UK Athletics Club Members
£17.00 for Unattached Runners

MINIMUM AGE 15

FOR ONLINE ENTRY & RACE INFO VISIT: www.bookitzone.com

First Name	<input type="text"/>																							
Surname	<input type="text"/>																							
Address	<input type="text"/>																							
Postcode	<input type="text"/>				Telephone	<input type="text"/>																		
Date of Birth	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Male/Female	<input type="text"/>	Actual age on the day of the race	<input type="text"/>																
UKA Running Club Name	<input type="text"/>																							
Email Address	<input type="text"/>																							

Entry Disclaimer: In order to compete runners must agree to the following disclaimer: I declare I will abide by the age limit of 15 years or over on race day for a 10k or greater race, or 11 or over on race day for a 5k race and will abide by the laws and rules of UKA (UK Athletics). I declare that I will not compete in the race unless I am medically fit on the day of the race and that, in any event, I will compete at my own risk. I accept that the organisers / sponsors / partners / marshals will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation of the event. Entries are personal to the applicant. They cannot be sold or transferred. I also hereby give my permission to UK Road Races and FCR Events Ltd. to use my name, quotes and photographic likeness for marketing and promotional purposes. I also understand that the entry fee is non-refundable once accepted. I have read and agree to the disclaimer. **Cancellation Policy:** Entrants of this event have the right to cancel any entry made over the internet or post as long as it is done within seven days of the original entry date as per the cooling off period specified in the Consumer Protection (Distance Selling) Regulations 2000. UK Road Races and FCR Events Ltd. reserves the right, in their absolute discretion, to cancel, delay or postpone the event due to unforeseen or unavoidable circumstances out of their reasonable control. In such cases they will endeavour to inform me as quickly as possible. Where the event has to be cancelled, delayed or postponed due to circumstances outside of their reasonable control (including for the avoidance of doubt due to adverse weather conditions or as a result of instructions from the emergency services) they shall not be liable for any inconvenience, expenses, costs, losses or damages suffered by me. Where the event has to be cancelled, delayed or postponed due to circumstances that were within their reasonable control, their entire liability in respect of any inconvenience, expense, costs, losses or damages suffered by me as a result will be limited to the entry price that I have paid to take part in the event (not including any booking fee, if paid).

CLOSING DATE FOR ENTRIES:

1st December 2019

(or when capacity reached if sooner)

Early entry advised. Entries will be accepted on the day subject to race capacity and an extra fee of £2.00. Finishers awards cannot be guaranteed for these entries. Race numbers to be collected on the day from registration. Race numbers are not transferable. No refunds once entry has been confirmed. Cheques payable to 'Road Races'.

SIGNED:

To be signed by parent/guardian if entrant is under the age of 18

DATE:

Please send completed & signed forms, enclosing appropriate entry fee to:

Steve Ashcroft, 36 Brook Place, Lea, Preston PR2 1TE

Please make Cheques payable to 'Road Races'

PLEASE ENCLOSE A STAMPED SELF ADDRESSED ENVELOPE FOR RACE NUMBER