



City of Salford Women's 5.25 Mile Run

A Swinton Running Club event

29th November 2015

Race starts at 10:30am



1991-2015

**Come and join us to celebrate the
25th running of this ever popular
Women's only race**

Enter online only at



Please collect race numbers on the day

Race enquiries: womens@swintonrunningclub.org.uk

Race venue: Swinton Football Club
Barton Road
Swinton
M27 5LJ

Entry Details:

- ◆ £13 UKA affiliated
- ◆ £15 Unattached
- ◆ Online entry only
- ◆ Minimum age 16 years
- ◆ Entries on the day only available if we do not reach the race limit of 250 runners
£2 extra on the day

The Race:

- ◆ Special anniversary medal to all finishers
- ◆ Special anniversary technical tee-shirt to all finishers
- ◆ Special commemorative video commissioned
- ◆ Prizes for 1st 3 finishers and all vet categories
- ◆ Prizes to the first team (4 to count)
- ◆ Prizes to the first corporate team (3 to count)
Kindly donated by City West
- ◆ Changing rooms & showers
- ◆ Additional toilets kindly donated by Galliford Try
- ◆ Hot drinks & refreshments available
- ◆ Car parking available at
Springwood Primary School
Barton Road
Swinton
M27 5LP
- ◆ Sorry but the course is not suitable for wheelchairs
- ◆ For safety reasons IPODS or MP3 players are **NOT** permitted

This year's race is supported by



For more information, and to keep up to date with the number of entries available
www.swintonrunningclub.org.uk

