

Cancellation & Refund Policy

- Entry fees are refundable until two weeks prior to the start of the event, after which such refunds will incur a £4 administration charge. Entry fees become non-refundable 3 business days prior to an event.
- Subject to any price difference, transfers to an alternative event or runner (as a result of illness, injury or other circumstance) is permissible at no charge until 3 business days prior to the start of the event, after which such transfers will incur a £4 administration charge.
- We reserve the right to refuse transfer requests received later than 1 business day prior to the start of an event.
- We reserve the right to refuse or cancel applications (including duplicate applications) or alter the date of the event, the course route or distance.
- We reserve the right to offer transfers in place of refunds if an event is cancelled or postponed due to circumstances outside our control.
- Entrants are NOT PERMITTED to transfer their registration/number to another participant without confirmation from the Race Organiser. Participating in someone else's place can have serious consequences if the runner suffers a medical emergency. Furthermore, the accuracy of race results is dependent on our ability to maintain accurate information about competitors and we reserve the right to disqualify any participant who does not adhere to the above stipulations.

Rules for Participation

- All entrants must be fit to take part and should, if necessary, seek advice from their GP prior to participating.
- Whilst every reasonable care is taken, entrants cannot hold the organisers, sponsors or landowners responsible for their safety whilst participating in an event.
- **ALL PARTICIPANTS MUST COMPLETE THE RELEVANT MEDICAL INFORMATION ON THE REVERSE OF THEIR RACE NUMBER PRIOR TO STARTING THE RACE. WHERE A PARTICIPANT HAS IDENTIFIED ANY MEDICAL CONDITIONS/ALLERGIES, A LARGE RED CROSS SHOULD BE MARKED ON THE FRONT OF THE RACE NUMBER USING PENS PROVIDED AT RACE REGISTRATION.**
- In accordance with UKA regulations, we require race participants to meet the following minimum age requirements
 - 5Km - 11 years of age
 - 10Km - 15 years of age
 - Half Marathon-17 years of age
 - Marathon – 18 years of age
- Entrants must take care when crossing roads and show consideration for other users of public footpaths and rights of way.
- We discourage the use of personal music players at the race. Runners wearing headphones should set them to minimum volume such that instructions from marshals can be clearly understood. We reserve the right to disqualify runners who cannot hear instructions from marshals as a result of the use of headphones.
- We reserve the right to withdraw entrants from the event and anyone that opts to continue does so entirely at their own risk.
- By registering and participating, you grant permission to all of the foregoing to use your photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.