

LONDON ATHLETICS

Spectacular Fun Run!

*No previous experience necessary!
Open to all ages and abilities*

Mile End Park Tower Hamlets

Registration at the Athletics Track, E3 4HL

Sunday 7 August 2016

2km Fun Run – walk, jog or run

Age 4-14 • Register 9am • Start 9.30am • Entry FREE!

5km Fun Run – walk, jog or run

Age 14+ • Register 9.30am • Start 10am • Entry £5

4 x 1 mile Relay Race

Age 18+ • Register 2.45pm • Start 3.15pm • Entry £20/team

- Dress code – Sporty Summer
- Finishers medal for all runners
- Refreshments included
- Register online

www.londonathletics.org

- Further info: Tim Howells
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Community Games 2016