

**LONDON** ATHLETICS

**Primary & Secondary School**

# **QuadKids**

**You are invited to take part  
in the first London Athletics  
QuadKids competition!**

Try your hand at athletics or put into practise things you've learnt – most importantly have fun!

This short and sharp competition will see you competing in Running, Jumping and Throwing against friends from across London – and having fun at the same time.

**Sunday 7 August 2016**

**Mile End Athletics Track** E3 4HL

- **Start 11am**  
(Please arrive and register a minimum of 30 minutes beforehand)
- **Refreshments included**
- **Unique finishers medal for all participants**
- **Entry fee £5 per person**
- **Register online**

[www.londonathletics.org](http://www.londonathletics.org)

- Further info: Tim Howells  
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**Community Games 2016**