



The Woodchurch 10 & 5 Mile

Sunday 24th October 2021 from 8.30 am

Held under UK Athletic Rules. UK Licence applied for.

After another successful year in 2020, this accurately measured 10 mile race returns to the undulating lanes surrounding the picturesque village of Woodchurch. The event is open to runners of all abilities, from novices to experienced athletes and is perfect for those looking to clock some longer miles over the autumn months. If 10 miles is too far why not try the 5 mile option? There will be bespoke medals and goodies on offer to all finishers. The event is held to raise much needed funds for Woodchurch Primary School.

**** Bespoke medal to all finishers ** Chip Timing ****

Prizes/trophies in 10 mile race for: 1st, 2nd, 3rd Males, Vet Categories 40 - 75, First Male Team (of 3)
1st, 2nd, 3rd Ladies, Vet Categories 35 - 70, First Lady Team (of 3)
Prizes in 5 mile for leading runners

Race HQ: The Village Green, Front Road, Woodchurch, Ashford, TN26 3QJ

ENTRY FEE: 10 Mile	£20.00 affiliated	£22.00 unaffiliated	£25 on the day
5 Mile	£16.00 affiliated	£18.00 unaffiliated	£20 on the day

ENTRY LIMIT: 600. Postal closing date is 20th October but entries on the day subject to availability
PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Active House LTD'

ENTRIES: Nice Work, Office 3, Rye Wharf, Harbour Road, Rye, East Sussex, TN31 7TE

Enquiries/more information: 01797 229955

ENTER ONLINE PLEASE VISIT www.nice-work.org.uk

Please enter me for the Woodchurch 10 Mile [] 5 Mile [] Children's Race []

Please complete the below form in BLOCK CAPITALS.

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 24/10/2021 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 16 years of age for the 10 Mile and 15 years of age for the 5 Mile on 24/10/21 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events if you'd like to receive this information, please tick here [] Details of our GDPR & Privacy Policy can be found online at www.nice-work.org.uk/about/gdprstatement