



# The Bushy Park Christmas 10K & 5K Sunday 27<sup>th</sup> November 2022

Prizes sponsored by Sporting Feet plus £20 voucher spot prizes

Race start 10.00 am

Held under UK Athletic Rules. UKA Licence applied for.

**\*\* Includes a 5k option \*\***

Celebrate Christmas in 2022 at the Bushy Christmas 10k & 5k. Taking place within the iconic Bushy Park which is the perfect setting for a fast, flat and traffic-free Sunday morning race. The flat course covers the tracks, trails and footpaths within the park and is suitable for runners of all abilities. Beginners welcome. Race features chip timing - plus festive finish line goodies and a medal for you at the finish. Dress to impress Santa with a special prize to the best dressed!

Festive Medal plus Christmas Goodies to all finishers

plus race winners and category prizes (10k only) kindly sponsored by Sporting Feet with shops in Putney and Richmond [www.sporting-feet.com](http://www.sporting-feet.com)

**Venue: Bushy Park, Hampton KT8 9BZ**

ENTRY FEE: Per event 10k £18.00 attached/HM Services £20.00 unattached £22 on the day  
5k £14.00 attached/HM Services £16.00 unattached £18 on the day

ENTRY LIMIT: 250. Postal closing date is 4 days before race day but entries are available online up until midnight the night before each race, subject to availability

CHEQUES: Payable to 'Active House Ltd' MORE INFORMATION: 01797 229955

ENTRIES: Nice Work, Office 3, Rye Wharf, Harbour Road, Rye, East Sussex, TN31 7TE

ENTER ONLINE – visit [www.nice-work.org.uk](http://www.nice-work.org.uk) for links

Please enter me for the Bushy Park Christmas 10k [ ] 5k [ ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON RACE DAY \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB/TEAM NAME \_\_\_\_\_ Affiliated Yes/No.

I declare I will be 15 years of age for the 10k or 11 years of age for the 5k. I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE ..... DATE .....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]