



# The Lamberhurst New Year's Day 10k and 5k

Saturday 1<sup>st</sup> January 2022 at 10.00am  
Plus Children's Race at 9.30am

Held under UK Athletic Rules. UKA licence applied for.  
A challenging and scenic run around Bewl Water Reservoir.  
A great way to blow away those New Year's Eve cobwebs!

**\*\* Medal – and a New Year's Day 'nip' to all finishers! \*\***

**Prizes:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Vet Categories 1-7, First Lady Team (of 3)  
Prize giving and presentations approx 60 minutes after first runner home

**Venue: Bewl Water, Bewlbridge Lane, Lamberhurst, Kent, TN3 8JH**

Toilets, baggage area and refreshments available

ENTRY FEE: 10k £18.00 affiliated £20.00 unaffiliated £25.00 on the day  
5k £16.00 affiliated £18.00 unaffiliated £20.00 on the day  
Children's Race £5.00

ENTRY LIMIT: 500. Postal closing date is 21<sup>st</sup> December but entries accepted on day

PLEASE ENCLOSE: large SAE. CHEQUES: Payable to 'Active House Ltd

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**To enter online, please visit [www.nice-work.org.uk](http://www.nice-work.org.uk) for links**

**Please enter me for the following Lamberhurst New Year's Day Race:**

Lamberhurst 10k [ ] Lamberhurst 5k [ ] Children's Race [ ]

I would like to pre-order a souvenir Technical t-shirt for £12 in size S M L XL

Please complete the form in block capitals

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 1/01/2021 \_\_\_\_\_

Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 15 years of age (for the 10k) or 11 years of age (for the 5k) on 1/1/21 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [ ]