



www.lancaster-race-series.co.uk

# SUPERBOWL Morecambe 10k

## Sunday 4th June 2017

The Morecambe 10km is popular with new runners and PB hunters alike!

Starting and finishing on the Promenade this seaside race provides a good course coupled with lovely views across the Bay. To new runners, and those considering running with us for the first time, we promise a warm welcome and a race with fantastic support.

**Race starts at 11am**  
Superbowl, Central Drive,  
Morecambe,  
Lancashire, LA4 4DW



- £12 attached,
  - £14 unattached
- Entries on the day £2 extra**

**SORRY NO REFUNDS**

see our website for 'Cancellation Policy'

Generous donations to at least one of the following charities:

- Lions Club
- Run For The World
- Unique Kidz
- Lancaster & Morecambe AC
- Galloway's Society for the Blind

All races under UK Athletics rules.

Medal to all finishers.

Prizes: First 3 Men, First 3 Women,  
First Vet in each category,  
First team, male & female.

**Entries: Online: [www.lancaster-race-series.co.uk](http://www.lancaster-race-series.co.uk),  
[www.ukroadraces.info](http://www.ukroadraces.info) & [www.bookitzone.com](http://www.bookitzone.com)**

**Postal: complete the form & send to: W. Gardner, 58 Sibsey Street,  
Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to  
Lancaster Races Ltd.**

**MORECAMBE 10k**

TICK HERE

OFFICE USE ONLY

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Age on Day \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

UKA Number \_\_\_\_\_ Affiliated Club \_\_\_\_\_

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_