

KILBURN FEAST

7 Mile ROAD RACE

SUNDAY 7th JULY 2019 – 1.00pm

Licence Number: Pending

Supported By



START
FITNESS

Kilburn is 20 miles north of York, 6 miles east of Thirsk in the North York Moors National Park. An undulating, scenic route overlooked by the White Horse. The race passes through historic Coxwold – Lawrence Sterne’s Shandy Hall on your left, the Norman Church on your right – the Cistercian Byland Abbey – the picturesque village of Oldstead – back to Kilburn with its Robert Thompson ‘Mouseman’ Workshops, Museum & Café, plus the Norman Church & 12th century Forrester’s Arms.

First 6 Men – First 6 Ladies. First Male Vets o/40 o/45 o/50 o/55 o/60 o/65 o/70 o/75 o/80. First Female Vets o/35 o/40 o/45 o/50 o/55 o/60 o/65 o/70. Bottle of Wine to all finishers o/70, Male & Female. Team Race – 4 to count – Male & Female.

TEA & SANDWICHES FOR ALL FINISHERS AT THE VILLAGE INSTITUTE

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KILBURN FEAST 7 – ENTRY FORM 2019

(Minimum Age 16 on 7.7.19)

Surname

Male/Female

First Name

Address

Post Code

E Mail Address

Date of Birth

Age on 7.7.19

Phone No.

Club

England Athletics No.

I declare that I am an amateur as laid down by UK Athletics Laws. I am medically fit to take part in the race. I understand that the organizers will in no way be responsible for any injury, illness or loss due to my participation. Data Protection Act: I understand & agree that the above details will be stored on a computer for race administration purposes & will not be supplied to a commercial organization.

Signed

(By parent if under 18)

FEE £13 registered - £15 unregistered. Entries on day £2 extra – eligible for prizes.

Enter online at www.runbritain.com or www.bookitzone.com

Race Director: Peter James e-m: Peter@KilburnFeast.uk