



The Jaguars are not flying here anymore but runners can ...



Coltishall Jaguars RC offer you : -

# THE *Jolly Jaguars* 10 k

This race on the 24<sup>th</sup> September 2017 starts at 10.00 am .

The course on the old RAF air base at Coltishall ( now called the Scottow Enterprise Park ) is flat , fast and traffic free and is different to that used for the Mad March Hare on the 19<sup>th</sup> March and the Mike Groves on the 4<sup>th</sup> June

The course is accurately measured and certified and the race permit is ARC 17/014

**Race Entry:** £12.00 attached to any club, £14.00 unattached, Minimum age on the race day – 15 years.  
Entry on the day £2 extra

**Engraved trophies to:**

The 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> man and the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> lady  
The 1<sup>st</sup> man and 1<sup>st</sup> lady in the age groups 15 – 39 , 40-44 , 45 – 49 , 50-54 , 55 -59 , 60 -67 . 68 and over  
Team prizes for the first senior and the first veteran team for men and ladies  
(only one individual prize per runner)

ALL FINISHERS WILL RECEIVE A QUALITY COMMEMORATIVE MEMENTO

## Online entries and chiptiming by NICEWORK

Last Name		First Name		Male	<input type="checkbox"/>
				Female	<input type="checkbox"/>
Date of Birth:		Age on race day			
Address:					
Postal Town:			Post Code:		
Home Tel:			Mobile:		
E-mail:					
Club (ARC/UKA ) affiliated or unaffiliated:					

**DECLARATION**

I declare that I am an amateur runner as defined by the ARC and I agree to abide by the ARC rules and the decisions of the race referee. I understand that I will run entirely at my own risk.

**DATA PROTECTION ACT : I understand that the details I have provided in this form will be entered on to a computer for use by the organisers of this event and will not be passed on to a third party without my consent.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Fee Enclosed: £ \_\_\_\_\_

Completed entry form with cheque/postal order (payable to Coltishall Jaguars RC) to:  
Alan Groves, Forever Autumn, 2 Westbourne Road, Coltishall, NR12 7HT.

**Number to be collected from HQ on race day. Details of the race, list of competitors and final instructions can be downloaded from: [www.coltishalljaguars.com](http://www.coltishalljaguars.com)**