



RunWisborough 10k & 5k

Sunday 13th May 2018 at 10.30am

Held under UK Athletic Rules. UK Licence applied for.

After another successful year in 2017 the RunWisborough returns again in 2018 – a multi terrain 10k & 5k race in and around the pretty West Sussex village of Wisborough Green. The event is being held to support the Wisborough Green Sports Association in their efforts to build a new sports pavilion.

Runners of all standards welcome. Food and activities for the whole family.

** Medal and finish line goodies to all finishers **

10k Prizes/trophies for: 1st, 2nd, 3rd Males, Vet Categories 1-7, First Male Team (of 3)
1st, 2nd, 3rd Ladies, Vet Categories 1-7, First Lady Team (of 3)

Prize giving and presentations approx 45 minutes after first runner home

Venue: Village Green, Wisborough Green, West Sussex, RH14 0EE

Toilets and baggage facilities

ENTRY FEE: 10K £13.00 affiliated £15.00 unaffiliated £2.00 extra on the day
5k £10.00 affiliated £12.00 unaffiliated £2.00 extra on the day

Children's Colour and Obstacle race entry available on the day.

ENTRY LIMIT: 500. Postal closing date is 9th May but entries accepted on the day subject to availability

PLEASE ENCLOSE: large SAE. **CHEQUES:** Payable to 'Wisborough Green Sports Club'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Enquiries/more information: 01797 229955

ENTER ONLINE PLEASE VISIT www.nice-work.org.uk

Please enter me for the RunWisborough 10K [] 5k []
I would like to purchase a souvenir technical t-shirt for £10 in size XS [] S [] M [] L [] XL []
Please complete the below form in **BLOCK CAPITALS**

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 13/5/2018 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

_____ Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 15 years of age for the 10k and over 11 years of age for the 5k on 13/5/18 and I agree that the organizers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age, entry form should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []