

The Caterham Rotary Half Marathon and 10k

Sponsored by North Downs Hospital



Kent Surrey Sussex



NORTH DOWNS
HOSPITAL



Sunday 21st July 2019 at 9.00am

Held under UK Athletics Rules. Licence applied for. Accurately measured course.

After another successful year in 2018, The Caterham Rotary Half Marathon & 10K returns in 2019. The race will, once again, start and finish at Redhill Aerodrome and, although the race is not completely traffic free, it does take place on quiet country lanes around the Aerodrome. The course is undulating but should still give the opportunity for some fast times. The race is organised on behalf of The Rotary Club of Caterham (Charity no: 254116) and the main beneficiary will be Kent Surrey & Sussex Air Ambulance.

**** Cash prizes for leading runners ** Bespoke Medal to all finishers ** Refreshments ****
****Souvenir technical shirts available to purchase****

Half Marathon Prizes: 1st prize £100 2nd prize £50 3rd prize £25 for men and ladies

Awards and prizes for leading runners in the 10k plus for both races:

First Male & Female in Categories Junior & Vets 1-7

Venue: Redhill Aerodrome, Redhill, Surrey RH1 5YP

Half Marathon £22.00 attached £24.00 unattached £25 on the day. **10K** £15.00 attached £17.00 unattached £20 on the day

Early bird available for Half Marathon £18 and £20 for entries before January 1st

Race packs sent out around 2 weeks before race day. Entries received after July 14th numbers must be collected on the day.

ENTRY LIMIT: 1,000 **CLOSING DATE:** for postal entries July 17th 2019

PLEASE ENCLOSE: Large SAE. **CHEQUES:** Payable to 'Rotary Club of Caterham'

POSTAL ENTRIES TO: The Caterham Rotary Half Marathon, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA. Entries available on the day, subject to race limit not being reached.

Enquiries/more information: 01797 229955. TO ENTER ONLINE, PLEASE VISIT www.nice-work.org.uk

The Caterham Rotary Half Marathon and 10k. Please complete and return along with your cheque.

Please enter me for the Half Marathon [] 10k []. Reserve me a finishers technical shirt (state size XL, L, M, S) £10 []

I would like to make a donation to Kent Sussex & Surrey Air Ambulance of £_____

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 21/07/2019 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB/TEAM _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 17 years of age (for half marathon) or 15 years of age (for 10k) on 21/07/2019 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshal's and organiser's instructions. I understand that the fee is not refundable and that race numbers are not transferrable.

If under 18 application must be approved by a parent or guardian.

Gift Aid: I am a UK tax payer and would like my donation to be Gift Aided (increases the value of your donation by 25% at no extra cost to you). You must pay an amount of income tax and/or Capital Gains tax in each tax year at least equal to the tax that the Charity will claim from HMRC on this Gift Aid donation. Please tick if you do not want us to claim Gift Aid

SIGNATURE.....DATE.....

We do not make any of your details available to third parties. Occasionally, we'd like to tell you about some of our other races but if you'd prefer not to receive this information, please tick here []

