



The Kent Spring Marathon

Including the Kent Spring Half Marathon

(Formerly the Ashford Marathon & Half)

Sunday April 8th 2018 at 9.00am

Held under UK Athletic Rules. UKA Licence applied for.

After another successful year in 2017 the Kent Spring Marathon and Half Marathon returns again in 2018. The race is ideal for those who prefer an alternative to the big city spring marathons. This rural marathon and half marathon uses the quiet lanes surrounding Ashford, Westwell and Charing with a section along the Pilgrims Way. The marathon is an accurately measured two-lap scenic multi-terrain course with half marathon runners covering a single lap.

****Bespoke medal to all finishers****

**** Cash prizes for 1st male and 1st female in both races ****

Prizes/trophies for 1st, 2nd & 3rd Male and Female; 1st in all age categories from Vet 1 to Vet 8
1st Male & Female affiliated Team (3 to count)

Prize giving and presentations approx 60 minutes after first runner home

Venue: Charing School, School Lane, Charing, Kent, TN27 0JN

Chip timing, Changing, Toilets, Onsite parking, Refreshments

ENTRY FEE: Marathon £28.00 affiliated £30.00 unaffiliated £35 on the day
Half marathon £20.00 affiliated £22.00 unaffiliated £25 on the day

Souvenir tech shirt available to pre-order for £8. Available on the day for £10

ENTRY LIMIT: 500 for both races. Postal closing date is April 24th 2017

Entries available on the day subject to limit not being reached.

PLEASE ENCLOSE: large SAE. **CHEQUES:** Payable to 'Nice Work'

POSTAL ENTRIES TO: Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA.

Enquiries/more information: 01797 229955

ONLINE ENTRIES ARE AVAILABLE VIA www.nice-work.org.uk

Please enter me for the Kent Spring Marathon [] Half Marathon []

Please reserve me a souvenir technical shirt for £8. Please state size _____

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 08/04/2018 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 18 years of age for the marathon and 17 years of age for the half marathon on 08/04/18 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. If under the age of 18, this entry form should be signed by a parent or guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here []