

# The Tissington Trail Marathon

## Ashbourne, Derbyshire

### Sunday 28<sup>th</sup> April 2019 at 10.00am

Held under UKA Rules. UKA Licence applied for.

Join us for this brand new marathon along the picturesque Tissington Trail. Brought to you by the same team that manages the Tissington Trail Half Marathon, the race will be an out and back race from the start of the trail at Mappleton Road to Parsley Hay. The route gently climbs up through glorious Peak District scenery before turning round with a 13.1 mile downhill finish – so fast times are likely.

Your entry fee includes

- Quality bespoke medal
- Drawstring bag – packed with goodies!
- Technical t-shirt
- Well stocked aid stations

The Tissington Trail, the site of a former railway line from Ashbourne to Buxton, runs along a 13 mile route from Parsley Hay to Ashbourne in Derbyshire. Surrounded by beautiful countryside the traffic-free trail is ideal for a cracking marathon. Running one way is slightly downhill - so you've got gravity on your side virtually the whole way back down the course to the finish.

**Race HQ: Ashbourne Leisure Centre, Clifton Road, Ashbourne, Derbyshire DE6 1AA**

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First in Male Vet Categories 1-7, First Male Team (of 3)

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First in Lady Vet Categories 1-7, First Lady Team (of 3)

ENTRY FEE: £33.00 attached £35.00 unattached £40 on the day

ENTRY LIMIT: 500. Closing date is 23<sup>rd</sup> April but entries may be accepted on day if the race is not full

PLEASE ENCLOSE: SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

Further information or enquiries: 01797 229955

**MORE RACE INFORMATION AND LINKS TO ONLINE ENTRY AT [WWW.NICE-WORK.ORG.UK](http://WWW.NICE-WORK.ORG.UK)**

Please enter me for the Tissington Trail Marathon [ ]

I would like a t-shirt in size XS Sml Med Lrg XLrg

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 28/04/2019 \_\_\_\_\_

Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_

ARE YOU A MEMBER OF A UK ATHLETICS REGISTERED CLUB? Yes/No (delete as applicable)

I declare I will be over 18 years of age on 28/04/19 for the marathon and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshal's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd like to receive this information, please tick here [ ]

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